

MEDITATION IN MOTION

Qigong - Meditation - Healing Retreat

***Mystic Balance
Wellness***

Donna Bilozir



Gather in this safe space with like-minded people to explore inner self, healing and release. Experience moving meditation, energy clearing, Shibashi Qigong & Five Elements



\$150.00

Coffee/tea/water & snacks provided

Bee & Bear Lodge
Waterton, AB

Feb 22/2025

9:00 am – 4:00 pm



To register: www.mysticbalance.ca 403-919-7087 [mystic balance@bilozir.net](mailto:mysticbalance@bilozir.net)